

TWIN PALM LEADERSHIP UNIVERSITY

GAP YEAR LIFE EMPOWERMENT CERTIFICATE PROGRAM

TWIN PALM LEADERSHIP UNIVERSITY

PURPOSE OF THE GAP PROGRAM

The Purpose of the GAP year program is to help students :

1. Strengthen their relationship with God
2. Discover and Understand themselves
3. Find God's will for their lives
4. Transition to Independence before College or University
5. Learn Life Survival skills
6. Learn Academic skills that will help them survive University
7. Understand the importance of physic, wellbeing and how to take care of their bodies.

We do guarantee that at the end of seven months transformation would have happened in the four major areas of our focus namely :

1. Identity Formation
2. Spiritual Formation
3. Academic Skills
4. Survival skills

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CURRICULUM

1. Identity Formation

This part of the program will focus on equipping the students physically and emotionally while emphasizing that holistic wellbeing is an essential aspect of life and students who succeed in University learn how to manage their personal lives well.

Aspects to be covered are:

- I. Physical Management
- II. Emotional Management
- III. Identity Management
- IV. Social life and relationships
- V. Thriving Under pressure
- VI. Financial Management
- VII. Voyage Management
- VIII. Leadership Development

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CURRICULUM

2. Spiritual Formation

The Purpose of this part of the program is to help students draw closer to their Maker in whom their lives consist, the God of their destiny whose desire is to see them succeed in life. The program is designed to help them separate themselves so they can hear God clearly.

Aspects to be covered;

- I. Experiencing God
- II. Knowing and Doing God's will
- III. How to Hear God
- IV. The Character of God
- V. Spiritual warfare
- VI. Bible origin and Authority
- VII. Bible interpretation
- VIII. Devotional Life
- IX. Christian Leadership

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CURRICULUM

3. Academic Skills

The Purpose of this part of the program is to help students develop specific Academic skills that will assist them in their University academic endeavors.

Aspects to be covered include;

- I. Time Management
- II. Goal setting and strategic planning
- III. Speed Reading
- IV. Academic Literacy
- V. Memorization techniques
- VI. Communication
- VII. Writing skills
- VIII. Research

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CURRICULUM

4. Survival skills

The purpose of this part of the program is to help students learn how survive in any part of the world without dependence on parents or guardians. This part introduces the students to Principles of Independence and self-reliance.

Aspects to be covered include;

- I. Cooking and baking
- II. Washing and ironing
- III. Fixing things
- IV. House keeping
- V. Gardening (Flowers and Lawns)
- VI. Agriculture (Chickens, vegetables etc)
- VII. Music and Art
- VIII. Knitting and Tailoring

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DURATION

- The program will run for (6) months starting May to November
- Students are expected to be in school the first 3 weeks of every month
- Every fourth week is a break